

# Baronial Contacts and Information

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# The Barony of Brendoken



## The Portcullis

# Special Demo Edition



June 2022

# Greetings Unto the Populare

All hail and rejoice, there are heirs to the Dragon Throne! Congratulations to Dag Thorgrimson and AnneMarie de Garneaulx, the new Prince and Princess of the Midrealm.

We are right in the middle of the busy season for events and demos. Time to get swept up in the excitement of the Middle Ages all over again! If you haven't already made plans to attend any events near you, check out the calendar at Midrealm.org to see what's happening.

And while you're making plans, please keep in mind there are only a couple weeks left to pre-reg for Pennsic! If you have any award recommendations for Pennsic Baronial Court, please get those in as soon as possible. Time is going to fly right by! And we look forward to the opportunity to once again take the battlefield, sit around a campfire or just share stories with good friends, old and new.

And as the Dragon flies into the summer months, we wish you well. Safe journeys to all and wonderful tales at the end of the road!

Yours In Service to the Dream,

Cadwgan and Eadaoin  
Baron and Baroness of Brendoken



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**Arts & Science** – I made a display describing Largess. It is gifts for the Baroness and Baron, or King and Queen, to give out. Small tokens are great. Largess derby is September 4. There will be a bean count to decide the winner. Need a deputy.

**Herald** – If anyone has received a baronial award or kingdom level award, please email me so I can put in my report.

**Chronicler** – New fonts! I misspelled Tai and Kazimir, I changed it for the copy that goes on the web site.

**Chatelaine** – looking for a deputy

**Webminister** – I have a deputy – Mili

**Social Media** – Facebook is letting people post things without being vetted. If you see something that looks weird send me a message and let me know.

**Marche Reports**

**Alderford** – We are back to in person meeting we had a wonderful event. Thanks to Deirdre and Gogan.

**Gwyntarian** – We are back to regular meetings. We will be having a newcomers meeting May 12th. It's for new and "newish" people. If you want to learn more about the SCA. I am also taking questions for of ideas to be discussed.

**Archery guild** – The meeting went very well. Cadwgan had a pattern for a quiver. Arwenna had a handout with Excerpts from "The Second Book of the School of Shooting".

**Thistle** – archery practice twice a month. At the Silver Creek Range.

**3 Towers** –

**General** – Baronial A&S this Friday at DonalBane's home. There will be woodworking, bring eye protection. If you have anything you're working on, feel free to bring it.

Archery opportunities are coming up. It's been a long time since we've been able to shoot and some of us are a little rusty. Fletchings of Spring is May 21st. There are some local ranges available. At Pennsic, don't forget to shoot for war points. There are easy and challenging targets. Go for what suits you best.

## Baronial Meeting Minutes for May 1st

**Seneschal** - Pennsic is coming up. Baronial camp will be open this year. Anyone is welcome to join. If you want to camp with us, talk to me. For the demo we will need kitchen staff and servers and minion to get drinks. Let me know if you're going to the demo so he can set up lists.

**Excellencies** - Great to see so many faces. There is an archery range set up so the meeting will be short. Next week, May 7th, is Coronation. I will have the day shade there we'll have a place to go. Our next baronial meeting will be the Wayfarer demo at 5pm. Come out and show off your weaponry, or if you want to perform, come out. We will have an Armor pomp and circumstance tourney. Bring banners! At feast, we will serve and answer questions. July 10th meeting will be a potluck. Also, the A&S and Bardic champions will be chosen. At Pennsic on Tuesday, Aug 9th, will be our Court. 7pm potluck bring something to share, bring a chair, bring a cup. Eadaoin needs some new garb if someone is interested see me after the meeting.

Congratulations to DonalBane. He was inducted into the Order of the Dragon's Heart on April 9th. He is now The Honorable Lord DonalBane of Blakmers.

**Exchequer** - \$6,904.60 storage unit fee was paid for the year. We are negotiating the contract with the church for the rental agreement. Please seek any of the exchequers to find out about the job. Hugh the Silent or Gogan for example.

**Signet** - absent

**Archery Marshal** - He is out setting up the archery field.

**Knights Marshal** - Practices on Thursday at Gwyntarian meetings, and trying to have extra Sunday practices. The army is getting ready for Pennsic We are going to war. I would like to talk to the unit about melee. Let's have a safe summer I need a deputy. Opportunities are coming up every weekend in May.

**Rapier Marshal** - I need a second deputy and if you want to learn more let me know. Rapier marshal reports are due today. Gearing up for Pennsic.

**Chamberlain** - Our Baron and Baroness will be going to Coronation May 7th, AWP, May 21st, Spring Crown and A&S Faire May 28, and NOWM on June 11th.

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# To all the Populace

## Welcome to the SCA!

Welcome to the Society for Creative Anachronism. If you have reached this page, you are most likely new to the group and looking for information for how to get started. Our group is open to all people interested in either learning more about the Middle Ages, Renaissance, or earlier periods in history or who like to recreate aspects of that history or both. We do not require you to be completely authentic to join in at events (but if you really WANT to be authentic, please do so. We do draw the line at recreating the cholera and plague.)

We have an ambassador called a Chatelaine, who will be happy to help you get started. You can also contact our Seneschal (group leader/president/chairman) who can help direct you to the right people depending on your area of interest. You can find contact information for both on the Officers Page, <https://brendoken,midrealm.org/baronial-officers/> You can learn more about the SCA and our varied pursuits here: [SCA Newcomer's Portal](https://welcome.sca.org/) <https://welcome.sca.org/>

The Kingdom of Atlantia has pages of links to sites for everything from clothing to food to games and pastimes here: [Atlantia A&S Links](https://moas,atlantia,sca.org/archive/wsnlinks/) [https://moas,atlantia,sca.org/archive/wsnlinks//](https://moas,atlantia,sca.org/archive/wsnlinks/)



### Wayfarer Lodge demo feast

by Henricus Guotman

Salat ~ lettuce greens, sliced pickled beets, raisins, walnuts. English Housewife p 64

Bread & fresh cheese ~ bread and fruited yogurt spread

Smaleck & assorted pickles

Pulled pork (p 74 boiled meats ordinary) with boiled salat (stewed spinach p 65) and sauces

Frummery and bread pudding (p 72)

### Feast in the Middle Ages by Mark Cartwright

If one was looking to enjoy a fine meal in the medieval world then the best place to find a handsomely laid dinner table was in the local castle. There, in the magnificent **Great Hall**, feasts were regularly served for the local lord and his entourage of knights and ladies where a hearty appetite was considered a great virtue. The cooks in the castle kitchens could draw on the castle's own food stores made plentiful with goods either paid in tax by, or commandeered from, the local peasantry or the foodstuffs produced from the castle's own lands. Supplementing these goodies was anything that the castle residents could bring in from their frequent hunting trips in the local forests. With not much else going on by way of regular entertainment, a good banquet was a highlight of the day and a chance to dress up, try out some exotic foods and be entertained by musicians and poets.

The one thing that differentiated the medieval rich from the poor more than any other in terms of food was meat. Meat could be fresh, salted or smoked, and included chicken, bacon, pork, beef, mutton, duck, geese, pigeons, and wild birds such as pheasants and partridges. For the more adventurous diner there were cranes, larks and herons but just about anything with wings on it could find its way onto a castle dinner table. Then there was four-legged game such as deer, hares and boars which were all captured on a hunt, an especially popular pastime for those rich enough not to have to work for a living. More exotic fare included swans and peacocks, which made especially impressive presentation dishes.

The most common vegetables were peas and beans but there were also root vegetables such as carrots, parsnips, and burdock as well as lettuce, beets, cabbage, spinach, leeks, pumpkins and watercress. Capers and nuts were favourites. Bread, darker than we are used to today because of the lack of refined flour, besides being a handy filler, was also used as a plate. Roast meat, in particular, was often served on a thick slice of one-day-old bread (a trencher or manchet) while other dishes came in bowls.

Dessert consisted of cheese, wafers and pastries such as fruit or cheese tarts. Fruits included apples, pears, plums, peaches, cherries and wild fruits. For the wealthiest of castle hosts, the exotic foodstuffs to be found on his table, which were brought in from abroad, included rice, almonds, raisins, oranges, pomegranates, figs and dates.